

# First Tulane Sarcoidosis Multi-Specialty Clinical Conference

## *Sarcoidosis: Tackling the Trickster*

### Saturday, February 27, 2016

Tulane University School of Public Health and Tropical Medicine  
New Orleans, LA

*Presented by: Tulane University Lung Center and the Tulane University Center for Continuing Education in conjunction with the Foundation for Sarcoidosis Research (FSR) and the World Association for Sarcoidosis and other Granulomatous Disorders (WASOG)*

2016 marks the inaugural year of the Tulane Sarcoidosis Multi-Specialty Clinical Conference: *Sarcoidosis: Tackling the Trickster* designed to help clinicians understand this multi-organ system complex disease. An outstanding internationally recognized faculty will provide a view of sarcoidosis as you've never seen it before!

The Conference is tailored to meet a broad spectrum of clinician needs covering general understanding and management to granular in-depth exploration of organ-based and specialty specific topics. Afternoon specialty tracts will include general medicine and rheumatology with dedicated tracts for ophthalmologists, neurologists, pulmonologists, and cardiologists/EP specialists. Radiologists are welcome to move between tracts. The Conference is designed for physicians, specialist nurses, technicians, and rehabilitation specialists.

The Conference will be in the heart of New Orleans steps away from the vibrant French Quarter. We invite you to join us for *Sarcoidosis: Tackling the Trickster* on Saturday, February 27, 2016.

See you in New Orleans!

Lesley Ann Saketkoo, MD, MPH  
Associate Professor of Medicine, Tulane University School of Medicine  
New Orleans Scleroderma and Sarcoidosis Patient Care and Research Center  
Tulane University Lung Center  
UMC Comprehensive Pulmonary Hypertension Center

Every effort has been made to present the program schedule as accurately as possible from information available at brochure printing time. We reserve the right to make changes to the program and notice of changes will be announced at the meeting.

## Program Schedule

Question and Answer Time is included in the presentation times

### Saturday, February 27, 2016 – Diboll Auditorium

(During the morning, we will meet in conjunction with the FSR Patient Conference)

<b>7:30 am – 8:00 am</b>	<b>Registration, Continental Breakfast</b>
8:00 am – 8:15 am	Welcome – <i>Lesley Ann Saketkoo, Ginger Spitzer, and Joseph Lasky</i>
8:15 am – 8:45 am	Pathophysiology – <i>Marc Judson</i>
8:45 am – 9:30 am	Diagnosis, Assessment, and Disease Severity – <i>Daniel Culver</i>
9:30 am – 10:00 am	Patient Perspective of Disease – <i>Rodney Reese</i>
<b>10:00 am – 10:30 am</b>	<b>Break</b>
10:30 am – 11:00 am	Quality of Life and Fatigue in Sarcoidosis – <i>Elyse Lower</i>
11:00 am – 11:30 am	Treatment: Steroid-Sparing Strategies and Personalized Medicine in Sarcoidosis – <i>Marjolein Drent</i>
11:30 am – 12:00 pm	Treatment: Update on Therapy – <i>Robert P. Baughman</i>
12:00 pm – 12:30 pm	Morbidity, Mortality and Screening in Sarcoidosis – <i>Lesley Ann Saketkoo, William Sauer, and Nadera Sweiss</i>
<b>12:30 pm – 1:15 pm</b>	<b>PROVIDERS Conference will move to the 12<sup>th</sup> floor at lunch</b>

### Parallel Sessions

Specialty Tract: <i>Moderator(s):</i>	Generalist Tract <i>Ulrich Specks Nadera Sweiss</i>	Cardiology Tract <i>Abhishek Jaiswal &amp; Vijay Jaligam</i>	Pulmonary Tract <i>Kendra McAnally Shigeki Saito</i>	Neurology Tract <i>Aimee Aysenne Rima El-Abassi</i>	Ophthalmology Tract <i>Ramesh Ayyala Maria Bernal</i>
1:15-1:45	Pulmonary	Screening / Intervention	Imaging and Function	CNS	Intra-ocular
1:50-2:20	Cardiac	Imaging	GEN - Cardiac	PNS	Extra-ocular
2:25–2:55	Neurologic	GEN- Neuro		Small Fiber / Autonomic	GEN-Neuro
2:55-3:15	Break, Exhibits				
3:15-3:45	Eye	EP Conundrums	Sleep Disorders	Special Cases	Treatment
3:50-4:20	Muscle/Bone/	Pulmonary Hypertension		GEN- Muscle/Bone	Special Cases / Q&A
4:25-4:55	Skin	Panel Q & A	Rehab and Panel Q&A	Rehab and Special Cases	Special Cases / Q&A

**Generalist Tract** is intended for Rheumatologists and Primary Care Clinicians; this tract offers detailed information on overview topics. **GEN** = Specialist Tract will join the Generalist Tract for that topic and time

Parallel Session Speakers will be:

- **Generalist Tract:** Moderators: *Nadera Sweiss and Ulrich Specks;*  
Speakers: *Robert Baughman, Dan Culver, Jeffrey Gelfand, Careen Lowder, James Rosenbaum, Mary Beth Scholand, Nadera Sweiss, and Jinny Tavee*
- **Cardiology Tract:** Moderators: *Vijayendra Jaligam and Abhishek Jaiswal*  
Speakers: *David Birnie, William Sauer, Steven Nathan with Jeffrey Gelfand and Jinny Tavee*
- **Pulmonary Tract:** Moderators: *Kendra MacAnally, Matthew Lammi and Shigeki Saito;*  
Speakers: *Robert Baughman, Marjolein Drent, Kristin Highland, Steven Nathan, and Bert Stookappe*
- **Neurology Tract:** Moderators: *Rima El-Abassi and Aimee Aysenne;*  
Speakers: *Jeffrey Gelfand, Jinny Tavee, Bert Stookappe, and Nadera Sweiss*
- **Ophthalmology Tract:** Moderators: *Ramesh Ayyala and Maria Bernal;*  
Speakers: *Jeffrey Gelfand, Careen Lowder, James Rosenbaum, and Jinny Tavee*

**5:00 pm – 5:30 pm**

**Closing Remarks- Diboll Auditorium with Patients**

## **Program Faculty**

### ***Activity Director***

**Lesley Ann Saketkoo, MD, MPH**

*Associate Professor of Medicine, Tulane University School of Medicine  
Sections of Immunology & Pulmonary Diseases, Critical Care & Environmental Medicine  
New Orleans Scleroderma and Sarcoidosis Patient Care and Research Center, Director  
Tulane Lung Center, Pulmonary Fibrosis Center of Excellence  
UMC Comprehensive Pulmonary Hypertension Clinic, Co-Director of Research*

### ***Invited Faculty***

**Robert P. Baughman, MD \***

*(Past-President, WASOG)  
Professor of Pulmonary Medicine  
University of Cincinnati*

**David Birnie, BSc (Hons), MB, ChB, MRCP, MD \***

*Professor of Cardiology  
University of Ottawa  
Ottawa Heart Institute*

**Daniel Culver, DO \***

*Professor of Pulmonary Medicine  
Cleveland Clinic*

**Marjolein Drent, MD, PhD \***

*Current President of WASOG  
Professor of Pulmonary Medicine  
University of Maastricht; St. Antonius Hospital  
Nieuwegein, Netherlands*

**Jeffrey Gelfand, MD**

*Director of Neuroimmunology Clinic  
Assistant Professor of Neurology  
University of California - San Francisco*

**Kristin Highland, MD**

*Associate Professor of Medicine, Pulmonary  
and Critical Care  
Cleveland Clinic*

**Marc A. Judson, MD**

*Professor of Medicine  
Chief, Division of Pulmonary & Critical Care  
Medicine  
Albany Medical College*

**Careen Lowder, MD, PhD \***

*Professor of Ophthalmology  
Cleveland Clinic*

**Elyse Lower, MD**

*Professor of Medicine  
Director of Comprehensive Breast Cancer  
Program  
Director of Medical Oncology  
University of Cincinnati*

**Steven D. Nathan, MD, FCCP**

*Medical Director of Lung Transplant Program  
Director of Advanced Lung Disease Program  
Co-Director of Pulmonary Hypertension  
Program  
Inova Fairfax Hospital  
Falls Church, VA*

**Rodney K. Reese**

*Founder and Director  
Sarcoidosis Awareness Foundation of Louisiana*

**James T. Rosenbaum, MD \***

*Professor of Ophthalmology and Rheumatology  
Oregon Health Science University*

**William Sauer, MD \***

*Associate Professor of Medicine-Cardiology  
Director of Cardiac Sarcoidosis Clinic  
University of Colorado School of Medicine*

**Mary Beth Scholand, MD**

*Associate Professor of Internal Medicine -  
Pulmonary  
Director of Interstitial Lung Program  
University of Utah, Salt Lake City*

**Ulrich Specks, MD**

*Professor of Medicine – Pulmonary & Critical  
Care  
Mayo Clinic, Rochester*

**Barney Stern, MD \* (Activity Advisor)**

*Professor and Chair of Neurology  
University of Maryland*

**Bert Stookappe**

*Physiotherapist, physiotherapy scientist  
Hospital Gelderse Vallei  
Ede, The Netherlands*

**Nadera Sweiss, MD \***

*Associate Professor of Medicine  
Director of Rheumatology Clinical Research  
and Cold Hand Clinic  
Director of Bernie Mack Sarcoidosis  
Translational Advanced Research Program  
(STAR) Center  
University of Chicago*

**Jinny Tavee, MD \***

*Associate Professor of Neurology  
Cleveland Clinic*

**\*Planning Committee**

**Tulane, LSU, Ochsner and New Orleans VA**

Trainees, physicians, and allied health providers affiliated with Tulane University, Louisiana State University, Ochsner, and the New Orleans Veterans Administration are eligible for a fee waiver. To comply with this, please register normally and add a note in the notes section with your affiliation. Your registration fee will be kept as a deposit and returned to you upon check in at the conference.

### ***Invited Moderators***

**Aimee Aysenne, MD, MPH**

*Associate Professor of Neurology  
Director of Neuro Intensive Care Unit  
Tulane University School of Medicine*

**Vijayendra Jaligam, MD**

*Assistant Professor of Clinical Medicine  
Louisiana State University School of Medicine*

**Ramesh S. Ayyala, MD, FRCS, FRCOphth \***

*Professor of Ophthalmology  
Tulane University School of Medicine*

**Matthew Lammi, MD**

*Assistant Professor of Medicine  
Section of Pulmonary/Critical Care &  
Allergy/Immunology  
Louisiana State University School of Medicine*

**Maria Bernal, MD**

*Assistant Professor of Ophthalmology  
Tulane University School of Medicine*

**Kendra McAnally, DO**

*Director of Advanced Lung Disease  
Ochsner Clinic*

**Rima El-Abassi, MD**

*Assistant Professor of Clinical Neurology  
Louisiana State University School of Medicine*

**Shigeki Saito, MD**

*Assistant Professor of Medicine  
Section of Pulmonary, Critical Care &  
Environmental Medicine  
Tulane University School of Medicine*

**Abhishek Jaiswal, MD**

*Assistant Professor of Medicine  
Tulane University School of Medicine*

### ***General Program Information***

#### **Statement of Need**

There is a high prevalence of sarcoidosis in the New Orleans area; which is predominantly of the severe type that progresses to obliterative fibrosis and/or interferes with vital cardiac or neurological functioning. In other geographical areas, there is concern that sarcoidosis is under-recognized in its worse forms such as cardiac and neurological. Lack of recognition of sarcoidosis may lead to late diagnosis and/or recognition of extra-pulmonary manifestations of sarcoidosis leading to avoidable disability and/or death. Lack of knowledge of current treatment strategies may also prolong unnecessary exposure to glucocorticoids that contribute to serious comorbidities such as diabetes, hypertension, stroke, and glaucoma in a population already devastated and at high risk for these illnesses.

*Ideal advocacy in sarcoidosis is rooted in education for early detection of severe manifestations with institution of appropriate treatment by a group of educated healthcare providers.*

#### **Overview**

Unfortunately, many unnecessary gaps persist in the recognition and care of patients with sarcoidosis. This activity will impart a much needed platform of knowledge is certain to result in improved health outcomes for people living with sarcoidosis by providing the tools necessary to decrease disability and death associated with the recognition and treatment of devastating but occult manifestations in sarcoidosis as well as improving quality of life through knowledgeable care and by decreasing disease-related side effects and damage from prolonged steroid use. Increasing physician knowledge and confidence in the care of patients with sarcoidosis across specialties is essential and perhaps the strongest form of advocacy at this point in time. The activity will engage the clinicians from multiple specialties in developing sound strategies to increase recognition and utility of optimal clinical practice in accordance with emerging advances in the diagnosis and treatment of sarcoidosis.

**Purpose**

To understand and provide updates on recognition and treatment in this multi-organ system complex disease.

**Objectives**

At the conclusion of this activity, attendees should be better able to:

- Understand current diagnostic and treatment algorithms for sarcoidosis
- Recognize important manifestations of sarcoidosis that may lead to death or disability
- Employ appropriate algorithms for assessment of key sarcoidosis manifestations and disease activity.
- Employ new skills of imaging detection to recognize active treatable disease
- Understand the impact of and strategies to manage disease burden on patient quality of life in patients with sarcoidosis

**Predicted Outcomes**

Predicted changes in practice as a result participating in this activity may include the ability to:

- Decrease disability and death associated with recognition and treatment of under-recognized manifestations in sarcoidosis
- Improve selection of appropriate assessment algorithms, referral, and treatment options
- Improve quality of life and overall health of people living with sarcoidosis
- Decrease disease-related side effects of prolonged steroid use as a result of understanding treatment options in sarcoidosis
- Increase physician confidence and interest in the care of patients with sarcoidosis

**Target Audience**

This course is designed for physicians in primary care, cardiology, pulmonary, neurology, ophthalmology, and rheumatology, both in training and in practice along with respiratory & rehabilitation therapists, nurses, and nurse specialists.

**Accreditation**

Tulane University Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Designation**

Tulane University Health Sciences Center designates this live educational activity for a maximum of **7.75 AMA PRA Category 1 Credits**™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU Credits**

Tulane University, Center for Continuing Education has been accredited as an Accredited Provider by the International Association for Continuing Education and Training (IACET). Tulane University, Center for Continuing Education is authorized by IACET to offer .8 CEUs for this program.

**Disclaimer**

Tulane University Health Sciences Center presents this activity for educational purposes only and does not endorse any product, content of presentation or exhibit. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentation is provided solely by the presenters who have been selected because of their recognized expertise.



## Competencies

This CME activity may address components of the following competencies:

**The American Board of Medical Specialties:** Patient Care; Medical Knowledge Practice-based Learning and Improvement; Interpersonal and Communication Skills; Professionalism; and Systems-based Practice

**The Institute of Medicine:** Provide Patient-Centered Care; Work in Interdisciplinary Teams; Employ Evidence-Based Practice; Apply Quality Improvement; and Utilize Informatics

**The Interprofessional Education Collaborative:** Values/Ethics for Interprofessional Practice; Roles/Responsibilities; Interprofessional Communication; and Teams and Teamwork

## Disclosure

This activity has been planned and implemented in accordance with the ACCME's Essential Areas and Policies to ensure balance, independence, objectivity, and scientific rigor. All individuals responsible for content, regardless of role(s), are required to document financial relationships or the absence of relationships with commercial interests, and all potential conflicts of interest must be resolved prior to the activity. Disclosure of **off-label, experimental or investigational use of drugs or devices** must also be made known to the audience.

## Cancellation Information

Written notification of cancellation must be postmarked by **Friday, February 12, 2016** to obtain a partial refund of the registration fee (a \$10.00 administrative fee will be retained). After that time, no refunds will be issued.

Tulane University Health Sciences Center reserves the right to cancel this activity if there are insufficient registrants. Full refunds would be made in that event. However, Tulane University Health Sciences Center is not responsible for any related costs or expenses including cancellation/change charges assessed by airlines.

## Meeting Site and Hotel Accommodations

The conference will be held at the Tulane School of Public Health and Tropical Medicine in the Diboll Auditorium (1<sup>st</sup> Floor) at 1440 Canal Street, New Orleans.

A block of rooms are being held at the **Astor Crowne Plaza** at 739 Canal Street, New Orleans. Group room rates are \$149 single/double. Please call 504-962-0534 or click on the group link: [https://resweb.passkey.com/Resweb.do?mode=welcome\\_gi\\_new&groupID=54314142](https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupID=54314142) to reserve a room in the "Tulane Sarcoidosis Conference" room block by **Tuesday, January 26, 2016**.

## Registration

The registration fee includes educational sessions, continental breakfast, and lunch. To register, please complete the registration form and return it with payment to the address below. **You may also register online at <http://tulane.edu/cce> or fax your credit card registration to 504-988-1779.** Confirmation will be sent by email from [cme@tulane.edu](mailto:cme@tulane.edu).

*If you have not received your confirmation by February 24, 2016, please call (504) 988-5466 to confirm your registration.*



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Sarcoidosis: Tackling the Trickster***

***Saturday, February 27, 2016***

**Tulane University School of Public Health and Tropical Medicine • New Orleans, LA**

***Registration Form***

**Register ONLINE at <http://tulane.edu/cce>**

PLEASE PRINT

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Email: \_\_\_\_\_ Are you a physician? (Y/N) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Organization: \_\_\_\_\_ Phone: \_\_\_\_\_ Specialty: \_\_\_\_\_

Emergency Contact Name and Phone: \_\_\_\_\_

	<b>Pre-Registration</b> Until 2/24/2016	<b>Day of</b> 2/27/2016
Physicians	\$65.00	\$95.00
Residents & Fellows **	\$30.00	\$55.00
Nurses and Allied Health	\$30.00	\$55.00

Total Amount Enclosed: \_\_\_\_\_

**PAYMENT METHOD**

- ☐ Check/Money Order (Payable to Tulane University Health Sciences Center – CCE)  
☐ Credit Card registrations (can be faxed to (504) 988-1779)  
☐ Visa                      ☐ MasterCard                      ☐ Discover                      ☐ American Express

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Mail or Fax Registration Form to:  
Center for Continuing Education  
Tulane University Health Sciences Center  
1430 Tulane Avenue, #8451  
New Orleans, LA 70112-2699  
Fax: 504-988-1779

Questions?  
504-988-5466  
[cme@tulane.edu](mailto:cme@tulane.edu)  
[www.tulane.edu/cce](http://www.tulane.edu/cce)

Special Needs designated by the ADA: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_





### **Tulane, LSU, Ochsner and New Orleans VA**

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